

# Grief and Loss Support Services of Birmingham

December-07

www.griefandlosssupportbirmingham.com

## **ALABAMA GRIEF SUPPORT**

### **FOUNDATION:**

**Contact: Dr. Trudy Tharpe, 870-0336**

**Individual appointments available to anyone who has had a loss**

### **For widowed persons:**

#### **Homewood Area Support Group**

Shades Valley Presbyterian Church  
First and third Tuesday of the month  
2305 Montevallo Road, Mt. Brook (parking in rear)  
10:00 a.m.

#### **Shelby Support Group**

Regions Bank  
2964 Pelham Parkway  
First and third Wednesday  
10:00 a.m.

#### **Roebuck Support Group**

Huffman Baptist Church  
700 Huffman Road  
Second and fourth Wednesdays of the month  
10:00 a.m.

#### **West Jefferson Support Group**

Westwood Baptist Church  
2349 Forestdale Boulevard  
Second and fourth Thursdays  
10:00 a.m.

#### **Young Widowed Support Group**

Shades Valley Presbyterian Church  
2305 Montevallo Road, Mt. Brook  
11 week sessions, twice a year  
Tuesday nights 5:30 - 7:30 pm  
Light meal served.  
Call 870-0336 for dates of groups.

#### **Hunter Street Support Group**

Hunter Street Baptist Church  
Room W203, 2600 John Hawkins Parkway, Hoover  
First and third Thursdays  
10:00 a.m.

#### **East Jefferson**

Trussville 1<sup>st</sup> United Methodist Church  
112 Chalkville Road N.  
Call 870-0336 for dates of groups.  
Meets Thursday nights  
5:30 - 7:30 pm

#### **Midtown**

Alagasco Midtown Center  
#20 20th Street South  
Call 870-0336 for dates of groups  
Meets Monday nights  
5:30 - 7:30 pm

#### **East Walker**

Sumiton Senior Citizen Center  
193 Bryan Road  
Meets 2nd and 4th Tuesdays - 10:15 a.m.

#### **Parental Loss Support Group**

6 Week Program – Meets several times a year  
Shades Valley Presbyterian Church  
Call 870-0336 for dates of groups

## **AMEDISYS BEREAVEMENT**

**Contact: Jim Clifford or Jill Stalnaker, 868-9221**

First Monday of the month  
2204 Lakeshore Drive – Suite 160  
Homewood, AL 35209-6701  
10:00 a.m.

## **THE AMELIA CENTER:**

**A place of hope for grieving children, parents and families.**

**Contact for all groups: Andy McNiel, (205) 251-3430**

### **Compassionate Friends (Child Loss)**

The Amelia Center  
1513 4th Avenue South  
Second and Fourth Mondays of each month  
Meal served at 5:45 p.m., group begins at 6:30 p.m.

### **Homicide Survivors**

Meet monthly for a meal and group. Call for information

### **Grief Group for Parents, Children and Teens**

Intake required before attending group  
Individual Counseling available  
4-6 week groups held at various times during the year  
Call for more information

## **THE BEGINNING EXPERIENCE/**

### **NEW BEGINNINGS**

**The Beginning Experience is a series of support groups and weekend programs designed to help widowed, divorced and separated persons make a new beginning in life. Children's groups available periodically**

**Contact: Helen Bowers, 802-6216 or 969-8509**

Our Lady of Sorrows Catholic Church  
1728 Oxmoor Road, 871-8121  
Tuesdays 6:00 - 8:30 p.m.

## **CLEARBRANCH GRIEF SUPPORT GROUP**

Contact: Rick or Joyce Simonson-655-4845, 296-0515  
Clearbranch United Methodist Church  
Annex Building  
Argo Exit 148 off I59  
Second and Fourth Tuesdays  
7:00 - 8:30 p.m.

### **COMMUNITY GRIEF SUPPORT SERVICE**

For any adult who has experienced the death of a loved one.

Contact for all programs: The Rev. Peggy McClure-870-8667

#### **Groups for 2008**

##### **Widowed persons of Retirement Age - 3 times a year**

8-week sessions on Wednesday mornings

Meets at the CGSS office - 1119 Oxmoor Road

10:00 - 11:30 a.m.

1-9 to 2-27, 3-26 to 5-14 and 9-3 to 10-22

##### **Widowed Persons of Employment Age - 2 times a year**

Dawson Memorial Baptist Church-Family Rec. Center

1114 Oxmoor Road

Tuesday evenings for 11 consecutive weeks

5:00 - 7:30 p.m. Hot meal provided

1-8 to 3-18, 8-19 to 10-28

##### **Loss of an Adult Child - 3 times a year**

CGSS Office - 1119 Oxmoor Road

Six-week sessions on Monday Evenings

6:00 - 7:30 p.m.

2-11 to 3-10, 7-14 to 8-18 and 11-10 to 12-15

##### **Loss of a Parent, Grandparent or Sibling - 3 times a year**

CGSS Office - 1119 Oxmoor Road

8-week Sessions on Thursday Evenings

6:00 - 7:30 p.m.

1-17 to 3-6, 4-3 to 5-22, 8-7 to 9-25

Additional groups available upon request

Individual counseling also available

### **MEDICAL CENTER HOSPICE**

The "Bridge Club" for any adult who has experienced the death of a loved one

Contact: Rob Vlacancich, 318-2829

Our Lady of Lourdes Catholic Church

980 Huffman Road

Third Friday of the Month

11:00 a.m.

### **NEW BEACON HOSPICE**

For any adult who has experienced the death of a loved one during the last year.

Contact: Mary Anne Hornbuckle, 939-8799

Oneonta Church of Christ

202 2nd Avenue West

Oneonta, AL

10:00 a.m. - First Tuesday of each month

### **ST. LUKE'S EPISCOPAL CHURCH GRIEF**

#### **RECOVERY PROGRAM**

Contact: Barbara Vandergriff, 802-6207

3736 Montrose Road

No groups held at this time.

### **THE SOUNDING BOARD**

For widowed persons

Contact: Janice Epp, 939-7023

St. Vincent's Hospital

810 St. Vincent's Drive

Newsletter lists meeting dates, time and topics

### **SURVIVORS OF SUICIDE BEREAVEMENT GROUP**

For survivors who have lost a loved one to suicide.

Contact: Judith Harrington - 226-2400 or

Mike Falligant - 323-7777

The Crisis Center - 3600 8th Avenue South

First and third Thursday of each month

Intake interview required - 7:00 - 8:30 p.m.

Available through the Crisis Center:

Senior talk line - 328-TALK

Teen line - 328-5465, Children's line - 323-7777

### **UAB WEST SUPPORT GROUPS**

For any adult loss

Contact: Reverend Mike Gatch, 481-7359

995 9th Avenue SW

Bessemer, AL 35020

6-week sessions are conducted at various times

5:30 p.m. - dinner is included

### **VOCAL (Victims of Crime and Leniency)**

Provides emotional support and services to help families of victims of homicide deal with the pain and grief at the death of a loved one.

Contact: Joyce Miller, 1-800-239-3219

Carol Melton 668-0636

### **WIREGRASS HOSPICE**

For any adult who has experienced the death of a loved one

Groups may not be meeting at this time.

#### **Bessemer Meeting**

Call before attending: 682-9441

Pleasant Hill United Methodist Church

I-459, Exit 1 - (old church)

First Wednesday of the month

5:30 p.m. - light meal served

Note: Meetings and times are subject to change. Contact each group coordinator listed for more specific information or for meeting verification. This list is provided for information only.