

Grief and Loss Support Services of Birmingham

Updated: 08/2008

www.griefandlosssupportbirmingham.com

ALABAMA GRIEF SUPPORT

FOUNDATION:

Contact: Dr. Trudy Tharpe, 870-0336

Individual appointments available to anyone who has had a loss

For widowed persons:

Homewood Area Support Group

Shades Valley Presbyterian Church
First and third Tuesday of the month
2305 Montevallo Road, Mt. Brook (parking in rear)
10:00 a.m.

Shelby Support Group

Regions Bank
2964 Pelham Parkway
First and third Wednesday
10:00 a.m.

Roebuck Support Group

Huffman Baptist Church
700 Huffman Road
Second and fourth Wednesdays of the month
10:00 a.m.

West Jefferson Support Group

Westwood Baptist Church
2349 Forestdale Boulevard
Second and fourth Thursdays
10:00 a.m.

Young Widowed Support Group

Shades Valley Presbyterian Church
2305 Montevallo Road, Mt. Brook
11 week sessions, twice a year
Tuesday nights 5:30 - 7:30 pm
Light meal served.
Call 870-0336 for dates of groups.

Hunter Street Support Group

Hunter Street Baptist Church
Room W203, 2600 John Hawkins Parkway, Hoover
First and third Thursdays
10:00 a.m.

East Jefferson

Trussville 1st United Methodist Church
112 Chalkville Road N.
Call 870-0336 for dates of groups.
Meets Thursday nights

Midtown

Alagasco Midtown Center
#20 20th Street South
Call 870-0336 for dates of groups
Meets Monday nights
5:30 - 7:30 pm

East Walker

Sumiton Senior Citizen Center
193 Bryan Road
Meets 2nd and 4th Tuesdays - 10:15 a.m.

Parental Loss Support Group

6 Week Program – Meets several times a year
Shades Valley Presbyterian Church
Call 870-0336 for dates of groups

AMEDISYS BEREAVEMENT

Contact: Jim Clifford or Jill Stalnaker, 868-9221

First Monday of the month
2204 Lakeshore Drive – Suite 160
Homewood, AL 35209-6701
10:00 a.m.

THE AMELIA CENTER:

A place of hope for grieving children, parents and families.

Contact for all groups: Andy McNiel, (205) 251-3430

Compassionate Friends (Child Loss)

The Amelia Center
1513 4th Avenue South
Second and Fourth Mondays of each month
Meal served at 5:45 p.m., group begins at 6:30 p.m.

Homicide Survivors

Meet monthly for a meal and group. Call for information

Grief Groups for Parents, Children and Teens

Intake required before attending group
Individual Counseling available
4-6 week groups held at various times during the year
Call for more information

THE BEGINNING EXPERIENCE/

NEW BEGINNINGS

The Beginning Experience is a series of support groups and weekend programs designed to help widowed, divorced and separated persons make a new beginning in life. Children's groups available periodically
Contact: Helen Bowers, 802-6216 or 969-8509

Our Lady of Sorrows Catholic Church
1728 Oxmoor Road, 871-8121
Tuesdays 6:00 - 8:30 p.m.

CLEARBRANCH GRIEF SUPPORT GROUP

Contact: Rick or Joyce Simonson-655-4845, 296-0515
Clearbranch United Methodist Church
Annex Building
Argo Exit 148 off I59
Second and Fourth Tuesdays
7:00 - 8:30 p.m.

CARE FIRST HOSPICE

The "Bridge Club" for any adult who has experienced the death of a loved one

Contact: Rob Vlacancich, 822-4033

Our Lady of Lourdes Catholic Church
980 Huffman Road

Third Friday of the Month
11:00 a.m.

COMMUNITY GRIEF SUPPORT SERVICE

For any adult who has experienced the death of a loved one.

Contact for all programs: The Rev. Peggy McClure-870-8667

Groups for 2008

Widowed persons of Retirement Age - 3 times a year

8-week sessions on Wednesday mornings

Meets at the CGSS office - 1119 Oxmoor Road

10:00 - 11:30 a.m.

1-9 to 2-27, 3-26 to 5-14 and 9-3 to 10-22

Widowed Persons of Employment Age - 2 times a year

Dawson Memorial Baptist Church-Family Rec. Center

1114 Oxmoor Road

Tuesday evenings for 11 consecutive weeks

5:00 - 7:30 p.m. Hot meal provided

1-8 to 3-18, 8-19 to 10-28

Loss of an Adult Child - 3 times a year

CGSS Office - 1119 Oxmoor Road

Six-week sessions on Monday Evenings

6:00 - 7:30 p.m.

2-11 to 3-10, 7-14 to 8-18 and 11-10 to 12-15

Loss of a Parent, Grandparent or Sibling - 3 times a year

CGSS Office - 1119 Oxmoor Road

8-week Sessions on Thursday Evenings

6:00 - 7:30 p.m.

1-17 to 3-6, 4-3 to 5-22, 8-7 to 9-25

Additional groups available upon request

Individual counseling also available

NEW BEACON HOSPICE

For any adult who has experienced the death of a loved one during the last year.

Contact: Mary Anne Hornbuckle, 939-8799

Please call for information on current groups.

ST. LUKE'S EPISCOPAL CHURCH GRIEF

RECOVERY PROGRAM

Contact: Barbara Vandergriff, 802-6207

3736 Montrose Road

No groups held at this time.

THE SOUNDING BOARD

For widowed persons

Contact: Janice Epp, 939-7023

St. Vincent's Hospital

810 St. Vincent's Drive

Newsletter lists meeting dates, time and topics

SURVIVORS OF SUICIDE BEREAVEMENT GROUP

For survivors who have lost a loved one to suicide.

Contact: Judith Harrington - 226-2400 or

Mike Falligant - 323-7777

The Crisis Center - 3600 8th Avenue South

First and third Thursday of each month

Intake interview required - 7:00 - 8:30 p.m.

Available through the Crisis Center:

Senior talk line - 328-TALK

Teen line - 328-5465, Children's line - 323-7777

UAB WEST SUPPORT GROUPS

For any adult loss

Contact: Reverend Mike Gatch, 481-7359

995 9th Avenue SW

Bessemer, AL 35020

6-week sessions are conducted at various times

5:30 p.m. - dinner is included

VOCAL (Victims of Crime and Leniency)

Provides emotional support and services to help families of victims of homicide deal with the pain and grief at the death of a loved one.

Contact: Joyce Miller, 1-800-239-3219

Carol Melton 668-0636

WIREGRASS HOSPICE

For any adult who has experienced the death of a loved one.

Groups may not be meeting at this time.

Bessemer Meeting

Call before attending: 682-9441

Pleasant Hill United Methodist Church

I-459, Exit 1 - (old church)

First Wednesday of the month

5:30 p.m. - light meal served

Note: Meetings and times are subject to change.
Contact each group coordinator listed for more specific information or for meeting verification. This list is provided for information only.